

OKLAHOMA HOSPICE & PALLIATIVE CARE ASSOCIATION TOPICS FOR HOSPICE AIDE TRAINING 2010

Integris Baptist Medical Center
Conference Center Meeting Rooms K & L
Registration 8:00 am-9:00 am Training 9:00- 1:30 pm Break at 11:30 am (refreshments served)

Series # 1 Feb. 26, 2010 Hospice - Beginning	Series # 2 April 8, 2010 Hospice Patient's Rights	Series # 3 June 10, 2010 Physical Care of the Hospice Patient	Series # 4 Aug. 19, 2010 Disease Specific	Series # 5 Oct. 14, 2010 End of Life Care	Series # 6 Dec. 9, 2010 Caring for Yourself
Myths of Hospice Care	Abuse & Neglect	Bathing Without a Battle	Alzheimer's / Dementia	Saying Goodbye & Meaning It	Compassion Fatigue
End of Life Care – Not About Death but About Quality of Life	Deserving of Dignity	Nutrition & Hydration Constipation	Depression	What to do Before & After Death	Care giving
Hospice Team Members Roles & Responsibilities	What are Old People For	Skin Care	Pain Management	Care at the time of Dying & After the Death	Boundaries
Hospice Care in the Nursing Home	Living Wills & DNR	Mobility in Action	Cancer	Responding to Emotion	Bereavement / Grieving Mourning
	Ethics in Hospice/ Cultural Difference	Documentation	Anxiety/ Terminal Restlessness	Final Days Near Death Awareness	
			Shortness of Breath	Alternative Therapies	
				How to Talk to the Dying	
				Dealing with the Angry Dying Patient	

Session Descriptions

Hospice – The Beginning: This session will provide discussion of some of the misunderstandings of hospice care. Attendees will be educated about hospice care and that hospice is more than just care of the dying. Each role of the hospice team will be reviewed showing responsibilities and how each role works together as well as supports each other. Tips for improving relationships when providing hospice care in a nursing home will also be shared.

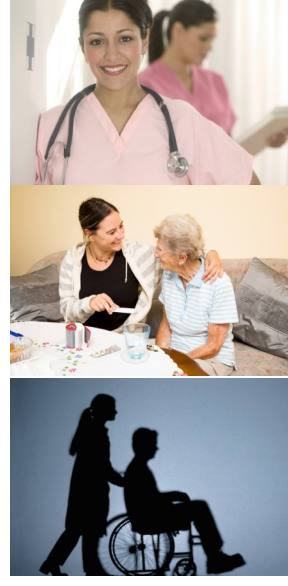
Hospice Patients Rights: The new COPIs address a strong emphasis on the rights and dignity of the patient. This series will address legal issues related to patient care, as well as maintaining their dignity. We will ask the question “What Are Old People For?”

Physical Care of the Hospice Patient: Care of patients at the end of life can be challenging, this series will address techniques for providing alternative methods for delivery of safe and competent care. Presentations on Nutrition, Hydration, Mobility, and Documentation of care will be addressed.

Disease Specific: It is important to have basic knowledge of specific diseases and what effect(s) that disease may have on a patient. This training will include how specific diseases could affect a patient's behavior and techniques the nursing aide can use to promote comfort during care.

End of Life Care: The final phase of care to our patients may be more focused on support to the family/friends/caregivers. Emotional care is as important as physical care during this time. Our care of the patient should be modified to meet everyone's needs. This series we will discuss not only alternative therapies but responding to emotion, alternative therapies and address care of the patient after the death.

Caring For Yourself: We give so much of ourselves while providing care to our patients. During one day or shift there may be physical and emotionally draining situations. To care for our patients we sometimes forget about ourselves. This series will discuss the boundaries of care, caregiver fatigue and how we mourn the loss of our patients.



Nurse Aide Training Series



Oklahoma Hospice & Palliative Care Association
16307 Sonoma Park Drive
Edmond, OK 73013

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About the Nurses Aide Series

In any health care setting, the nurse aide role is one of the most important services offered to our patients. Family and caregivers establish a very special bond with the nurse aide and our patient and families look to them for answers to questions and concerns. When providing care, often times the nurse aide is the first health care team member to notice and report change in the patient's condition. Educators and Administrators have an opportunity to enhance the knowledge of those caring for the geriatric, chronically ill and the dying patient.

Investing in this educational opportunity will empower the nurse aide to answer questions, be supportive and compassionate in the care they provide. This is an opportunity to improve satisfaction of care, earn trust, respect and appreciation of those patients and families that entrust them with their care.

The series of nurse aide educational training is offered to your agency by the Oklahoma Hospice and Palliative Care Association (OHPCA). Our goal for 2010 is to provide ongoing education for all disciplines that provide end of life care in various health care settings. We encourage you to register for our first ever Nurse Aide Training. **Seating is reserved and limited for nurse aides only.**

Target Audience

Hospice Aides Certified Nursing Assistants /Nurses Aides Long Term Care Aides Home Health Aides

Series of Six Trainings Day Sessions

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|------------------------------------|------------------------|
| 1. Basic Hospice | 4. Disease Specific |
| 2. Patient's Rights-Dignity-Ethics | 5. End of Life Care |
| 3. Physical Care of the Patient | 6. Caring for Yourself |

Series Objectives

Conference Objective: Participates will be to

1. Discuss the hospice philosophy and have knowledge of the benefits of end of life care to patients in any setting.
2. Provide end of life care and maintain the patients' rights and dignity.
3. Use new knowledge and techniques while providing end of life care.
4. Have an awareness the effects of specific diseases that effect the delivery of care.
5. Support the patient, family, and caregivers during the final phase of life.
6. Identify and acknowledge ways to set boundaries and care for themselves and mourn the loss of the patient.

Method

Lecture Power Point Videos Interactive Exercises Q&A

Presenters

All training Supervised by a Registered Nurse.

Presenters are coordinated by the OHPCA Education Committee.

Disclaimer

Session Presentations do not take the place of the Hospice providers Policy & Procedures.

Some topics throughout the series are subject to change.

Certificates of training will be provided for agency records. Please note this is not a certification training

2010 OHPCA Nurses Aide Series:

Registration Options:

Full Series Fee:

Remaining 5 Session

OHPCA Member

\$210.00/attendee

Non-Member

\$375.00/attendee

Individual Session Fee:

Per Session

\$ 60.00/attendee

\$ 85.00/attendee

Agencies are welcome to purchase the full series or individual training day sessions. Agencies purchasing the full series may send the same employee to all remaining sessions or transfer any of the session days to another employees within the same agency. Day sessions may not be broken down by topics for different attendees.

Cancellation Policy:

Registration fees will be refunded, minus a \$25 administrative fee, for cancellations received in writing at least 10 calendar days prior to the series start date. Cancellations received in writing less than 10 calendar days prior to the program will be subject to a 40% penalty. Series/Individual Session "no shows" will forfeit their entire registration fee. Substitutions are welcome. Please advise OHPCA in writing if a substitute will be attending in your place.

Please Note that the liability of OHPCA is limited to the registration fee. OHPCA will not be responsible for any losses incurred by registrants.

In a continuing effort to be responsible with available resources, OHPCA has "gone green" for these trainings. No handouts will be distributed during the sessions. Instead, they will be available for download on the OHPCA website both before and after the series presentations. Attendees are responsible for downloading and bringing handouts to each session.

Registration Form

Attendee Name: _____
(as you would like it to appear on name badge)

Title/Occupation _____

Company Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Attendee E-mail _____

I would like purchase the Full Series Basic Hospice Patient's Rights Physical Care
 Disease Specific End of Life Caring for Yourself

\$ _____

Individual Session Purchase:

Please check sessions purchased

Number of Sessions Purchased _____

Individual Session Fee x _____

Total \$ _____

Mail with check to:

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Questions:

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